

31 DAYS OF COURAGE CHALLENGE

HANDLETTERING

1. Be Brave.
2. Having hope will give you courage.
3. Be bold, be brave enough to be your true self. (Queen Latifah)
4. Begin, Bravely, Where You Are.
5. Fall seven times, stand up eight. (Chinese Proverb)
6. What a new face courage puts on everything! (Ralph Waldo Emerson)
7. Surround yourself with examples of courage.
8. Once you choose hope, anything is possible. (Christopher Reeve)
9. Creativity takes courage. (Henri Matisse)
10. The world needs strong women. (Ginger Rogers)
11. Bravery never goes out of fashion. – William Makepeace Thackeray
12. Take a step back, stay strong, stay grounded and press on. (LL Cool J)
13. A trusty companion halves the journey and doubles the courage. (Edward Bulwer-Lytton)
14. You never know how strong you are until being strong is the only choice you have. (Bob Marley)
15. All you need is the plan, the road map, and the courage to press on to your destination. (Earl Nightingale)
16. You'll never do a whole lot unless you're brave enough to try. (Dolly Parton)
17. Tell a person they are brave and you help them become so. (Thomas Carlyle)
18. And if I fly or if I fall, at least I can say I gave it all. (Rupaul)
19. Courage is the power to let go of the familiar. (Raymond Lindquist)
20. Whatever you do, you need courage. (Ralph Waldo Emerson)
21. Courage is the discovery that you may not win, and trying when you know you can lose. (Tom Krause)
22. To create one's own world, in any of the arts, takes courage. (Georgia O'Keeffe)
23. Creativity requires the courage to let go of certainties. (Erich Fromm)
24. Courage is found in unlikely places. (Tolkien)
25. Courage is being scared to death, but saddling up anyway. (John Wayne)
26. It takes a lot of courage to show your dreams to someone else. (Erma Bombeck)
27. It takes courage to grow up and become who your really are. (E.E. Cummings)
28. Scared is what you're feeling. Brave is what you're doing. (Emma Donoghue)
29. Courage is going from failure to failure without losing enthusiasm. (Winston Churchill)
30. The most courageous act is still to think for yourself. Aloud. (Coco Chanel)
31. Life shrinks or expands in proportion to one's courage. (Anais Nin)

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